

OSHA and Driving In-Service Post Test

An 80% is considered a passing grade. Please complete the post test and return to Christina Kennedy or your supervisor before February 16, 2018.

1. Which of the following are unpredictable hazards that home healthcare workers may face while working in the community? (Circle all that apply)
 - a. Animals
 - b. Weapons
 - c. Identity Theft
 - d. Violence in the home
2. Which are examples of musculoskeletal disorders?
 - a. Carpel Tunnel Syndrome
 - b. Muscle Strains
 - c. Bursitis
 - d. All of the Above
3. For office staff, improper workstation setup is one of the causes of musculoskeletal disorders including vision problems.
 - a. TRUE
 - b. FALSE
4. In the hierarchy of hazard controls, eliminating the hazard is the least effective method.
 - a. TRUE
 - b. FALSE
5. Which of the following is part of the eight commandments of lifting? (Circle all that apply)
 - a. Plan your lift and test load
 - b. Ask for help
 - c. Bend over and take a firm hold of the object being lifted
 - d. Lift with your legs
6. Conflicting job demands is considered an occupational job stressor.
 - a. TRUE
 - b. FALSE

7. Match the type of workplace violence with the correct definition:

A. Threats			An aggressive assault, usually by surprise with the intent to rob.
B. Physical Assault			Attacks including slapping, beating, rape, and homicide.
C. Mugging			Expressions of intent to cause harm including verbal, body language, and written.

8. Which of the following are ways to prevent workplace violence?
 - a. Always know where you are going
 - b. Be alert and constantly evaluating each situation for possible violence
 - c. Immediately remove yourself from threatening situations
 - d. All of the Above
9. Animals in the home really don't pose a risk if you know how to properly approach the animal and bring treats.
 - a. TRUE
 - b. FALSE
10. Which of the following are ways to prevent slip, trip, and fall injuries?
 - a. Leave spills until they dry and then properly clean up
 - b. Walk really fast on icy surfaces...the faster you get across they less likely a fall will occur
 - c. Keep walkways free of debris, clutter, and obstacles
 - d. None of the above
11. Improving your driving skills can significantly make a difference to the level of accidents that occur on a daily basis.
 - a. TRUE
 - b. FALSE
12. Which of the following are characteristics of a defensive driver? (Circle all that apply)
 - a. Knowledge
 - b. Alertness
 - c. Road Rage
 - d. Foresight
 - e. Impaired Driving
 - f. Judgment
 - g. Skill
13. A preventable collision is one in which the driver failed to do everything reasonable to prevent it.
 - a. TRUE
 - b. FALSE
14. The Three-Second Rule says that following distance should be at least four seconds travel time behind the vehicle in front of you.
 - a. TRUE
 - b. FALSE
15. Which of the following is considered unsafe or illegal passing zones?
 - a. School Zones
 - b. Railroad Crossings
 - c. Intersections
 - d. All of the Above
16. Which of the following are considered in-car distractions created by the driver?
 - a. Using a cell phone
 - b. Adjusting the radio
 - c. Turning on your windshield wipers

- d. Adjusting the defrost setting
 - e. Both A and B
17. It is much safer to use voice-activated phone, texting, and email features because mental distractions do not lead to accidents.
- a. TRUE
 - b. FALSE
18. Which of the following are tips for driving in snow or ice? (Circle all that apply)
- a. Only clear a spot big enough for you to see out the window. The rest will clear off as you are driving and the car warms up
 - b. Slow down and increase following distance by 4 seconds or more
 - c. When you see ice, slam on your brakes and swerve to avoid the ice
 - d. Slow down for turns and curves
19. If your car starts to skid, take your foot off the gas and turn in the direction you want to car to go. Do not use your breaks during a skid.
- a. TRUE
 - b. FALSE
20. Which of following are just general driving safety precautions?
- a. Use your seatbelt!
 - b. Keep the gas tank at least a quarter full
 - c. Avoid distracted driving
 - d. All of the Above

EMPLOYEE NAME: _____

DATE: _____