

VOLUNTEER TRANSFER TRAINING QUIZ

1. First rule of transferring is: “Transfer patient even if you don’t feel comfortable doing so.” T or F
2. Hands should be cuffed UNDERNEATH gait belt when transferring the patient. T or F
3. ‘Abdominal bracing’ and ‘natural spine’ help protect my back during a patient transfer. T or F
4. The patient should wrap their arms around my neck when standing them up. T or F
5. I want to keep the patient as far from my body as I can when lifting them. T or F
6. A wide stance is better when lifting the patient. T or F
7. Tell patient to hug me, put their head on my shoulder and we will rock three times to stand. T or F

Volunteer Name: _____ Date Completed: _____