



Palliative Care - Easing the Burden of Illness

Are you struggling with chronic illness that prevents you from living life to the fullest?

Have you experienced frequent doctor visits and hospital admissions?

Loving Care's Palliative Care Program might be able to help!

What is Palliative Care?

Palliative care strives to optimize quality of life for patients and their family by anticipating, preventing, and treating SUFFERING for those with serious illnesses.

Palliative care, throughout the continuum of illness, involves addressing:

- Physical needs
- Intellectual needs
- Emotional needs
- Social and spiritual needs
- Facilitating patient autonomy
- Access to information and choice.

The goal is to provide relief from pain and other symptoms and to utilize any additional community resources available to promote quality of life.

Our staff works in consultation/collaboration with your physician.

Symptoms we can assist in managing:

Anxiety	Pain	Constipation
Depression	Cough	Delirium
Diarrhea	Shortness of Breath	Insomnia
Nausea	Vomiting	Itching
Dry Mouth	Loss of Appetite	

Management of symptoms may or may not involve medication, dietary recommendations and or therapy recommendations, just to name a few.

Do you have?

Cancer	Heart Disease	Parkinson's
Dementia	COPD	Liver Disease
Lung Disease	Renal/Kidney Disease	
Chronic Pain or discomfort	Lou Gehrig's Disease	

Palliative Care Team Members:

Physicians	Spiritual Care
Registered Nurses	Social Worker
Bereavement	Counseling

The above team members can assist with:

- Management of Physical and Social concerns
- Physical, Occupational and Speech Therapy
- Volunteers
- Home Health Aide
- Advance Care Planning -involves helping you navigate the process in completing a Health Care Power of Attorney or Living Will and discussing your health care choices.

Referrals can be made to Palliative Care by:

Physicians	Family	Patients
Nursing Homes	Assisted Living Facilities	Adult Group Homes
Clergy	Other Health /Community Agencies	

A nurse will receive the referral and talk with you to obtain necessary health information and set up an appointment to review your specific needs. If the referral comes from anyone other than a physician, we will contact the physician for you.

Where is this care provided?

Home	Adult Group Homes
Nursing Homes	Assisted Living Facilities
Hospitals	

Who Pays for Palliative Care?

Loving Care Hospice is able to provide Palliative Care services through funds we receive from United Way of Union County and United Way of Madison, Clark and Champaign County. We also receive funds/support from many generous individuals in our community.

Your own physician visits may be billed to Medicare, Medicaid or private insurance.

Goals of Palliative Care

- Improved quality of life
- Reduced need for trips to the emergency room
- Reduced hospitalizations
- Better management of problematic symptoms

To make a referral please call our offices at:

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www.lovingcare.us